

Money Workbook

Shalini Gadhia

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INTRODUCTION

I encourage you to read every word of this introduction, permitting yourself to become intellectually & emotionally involved with these ideas contained in this introduction could contribute to a shift in your results.

Shalini Gadhia

I would like to take you on a journey, mentally we will travel back through time. This is my story of how a very limiting life came to a halt and a very beautiful journey began.

I was born in a small town called Kisumu, in Kenya, East Africa, From a very young age, I was acutely aware of my family's financial struggles, and the constant sense of scarcity and lack had seeped into every aspect of my life. I learned to live with less, to make do with what I had, and to keep my dreams small and achievable.

I had no idea that a person could achieve big goals in life, and the idea of success seemed like an impossible dream. I had low confidence and a poor self-image, and I never felt good enough to speak in front of people. Making friends was difficult for me, and I constantly worried about what other people said and thought about me.

These fears, doubts, and worries were a constant presence in my life, and they held me back from pursuing my dreams. I was always second-guessing myself, questioning my abilities, and hesitating to take risks. My father lost his business in a fire when I was 8 years old and he discouraged me from becoming an entrepreneur because of the risks involved.

Even in my professional life, I struggled to assert myself. I feared my bosses at work, and I was intimidated by professionals at higher levels. I felt like I didn't belong in the corporate world, and that I would never be able to make a meaningful contribution.

But despite these challenges, I refused to give up. I knew that I had to overcome my fears and doubts if I wanted to achieve my goals, and I was determined to do whatever it took.

My life took a drastic turn when I came across my mentor Bob Proctor in July 2021 who introduced me to very powerful concepts, some of which are covered in this program, that had a deep impact on my results - my self image got upgraded, my fears disappeared, the way I related with people took an upward shift & my income also multiplied within 9 months!

As you go through The Money Training, I would like to encourage you to implement the concepts covered on a day-day basis. If you use this in your life daily, I can promise you that life will become a phenomenal journey for you.

**To Your Success,
Shalini Gadhia**

YOU & MONEY

1. Make an inventory of all the items you possess. How much are all these valued at? Does this make you realize how rich you actually are & how successfully you have been circulating money in the past?

[illegible]

YOU & MONEY

2. I would like you to list 3 beliefs around money that you currently hold, that are limiting the amount of money in your life.



YOU & MONEY

3. How have these beliefs shaped your money identity? How do you behave or make decisions around money? What are the outcomes or consequences that you see as a results of these behavior(s) &/or decisions?

[illegible]

YOU & MONEY

4. What are examples of opportunities you may have lost or income you may have lost as a result of the above?

[illegible]

YOU & MONEY

5. I would like you to list 3 NEW beliefs around money that will allow more money to come into your life (refer to the Empowering Money Beliefs Document)

[illegible]

YOU & MONEY

6. How will these beliefs create your new money identity? How will these change your behavior & decision making around money?

[illegible]

YOU & MONEY

7. What new opportunities or income will you attract as a result of the new outcomes &/or consequences?

[illegible]